



Calendar Highlights

July 3	Independence Day Obs. (MGMT OFFICE CLOSED)
Tuesdays, July 7-28	Travelin' Tom's Coffee Truck
July 8	The Roaming Bean Coffee Truck
Thursdays, July 9-23	Gentle Yoga
July 30	Foster Plaza Blood Drive

Patio Season is Here!

Located **in the heart of the Plaza** at the former site of our large pine tree, our **new tenant patio** is the perfect place to enjoy lunch, catch up with coworkers, or simply relax and enjoy a breath of fresh air.

A huge thank you to **Landscapes and More** for another incredible project. Their hard work and craftsmanship continue to impress us!

What do you think?!

Come take a test sit and be the judge yourself.



Eat Vegan at CUCINA VITALE

Chef Frank was inspired by a vegan catering event to **transform traditional Italian flavors into plant-based dishes**. Following a **successful debut** during **Pittsburgh's Vegan Restaurant Week**, Cucina Vitale is launching its vegan menu, featuring comfort foods like **lentil bolognese** and **cashew cheese lasagna**, showcasing that vegan cuisine can be delicious.



Meatballs	Cremini & shiitake mushrooms, chick Peas, flax meal, rolled oats, garlic, onion
Escarole Salad	Escarole, lemon, vegan crafted pecorino, EVOO, Himalayan sea salt
Lentil Pappardelle	Red lentils, pecans, carrot, celery, onion, garlic, roasted tomatoes, red wine
Wild Mushroom Risotto	Arborio, crimini, shiitake, truffle butter, vegan butter, truffle aioli



Foster Plaza 7 | 661 Andersen Drive



412-481-8000

AS ALWAYS, ENJOY HAPPY HOUR TUESDAY THROUGH FRIDAY 4:00 - 6:00PM

Gentle Yoga Returns!

ABOUT DUB YOGA PLUS & JACQUES

This nurturing practice provides a **welcoming space** to slow down, breathe, and move with intention. **Suitable for all levels**, Jacques guides **accessible postures** with a focus on **mindfulness, mobility, and overall well-being**. His **warm and encouraging** approach creates an environment where everyone can **feel supported, refreshed, and renewed**, perfect for a **mid-day reset**.



SCHEDULE: Thursdays, July 9-23 and August 6-13 **NO CLASS 7/30**

COST: ~~\$50~~ * **\$15 TOTAL** for ALL 5 CLASSES * **CBRE IS SUBSIDIZING 70% OF THIS EXPENSE!**

REGISTER & PREPAY ONLINE HERE

TIME: Thursdays @ 12:00-12:30pm

LOCATION: Foster Plaza Fitness Center; Building 2 **COMPLETE PAPERWORK FOR CARD ACCESS!**

CLASS SIZE: 15 people **(first come, first serve)** *Registration closes once class size is met!*

Blood Drive

Time to **rev up** the excitement for helping patients this summer. Your blood donation **drives healing** and leads patients **down the road** to recovery – and could put you behind the wheel of a new car!

Donate anytime between July 9-Aug. 8 and be automatically entered to **win a car**, valued up to **\$30,000** from Vitalant.*

DATE: Thursday, July 30

TIME: 9:00AM - 2:00PM

LOCATION: Foster Plaza 10 Amenity Center; West Room

CONFIRM YOUR DONATION TODAY!

***SEE WEBSITE FOR DETAILS**

Food Truck Schedule

More food trucks are rolling through Foster Plaza this summer.

Find details and truck menus **online here!** We'd love to hear your truck recommendations too.

View menus **HERE**; **map** of location on page 3.

Tenant Birthday Celebrations

BIRTHDAY MISSING? Please use link on last page to re-enter.

July 3 - Tracey Kennedy w/ Alera Group	Foster Plaza 10
July 4 - Mary Fischer w/ AHN Greentree Medical Associates	Foster Plaza 5
July 5 - Pat Septak w/ Audacy	Foster Plaza 5
July 9 - Shannon Vargesco w/ YMCA	Foster Plaza 5
July 13 - Kimberly Coulter w/ Old Republic Title	Foster Plaza 6
July 18 - Sam Caves w/ Old Republic Title	Foster Plaza 6
July 18 - Natalie Edwards w/ Tetra Tech	Foster Plaza 7
July 20 - Ciara Dawson w/ AHN Greentree Medical Associates	Foster Plaza 5
July 28 - Zoe Racine w/ Wexford Health Sources	Foster Plaza 4
July 30 - Jamelia Thompson w/ Tender Care Learning Centers	Foster Plaza 3

CBRE WILL CONTACT WINNERS WITH THEIR PRIZE

Property Map

FOSTER 1 FOSTER 5

Amenity Center

FedEx Dropbox

MGMT Office

USPS Dropbox

FOSTER 2 FOSTER 6

Cucina Vitale

Fitness Center

Picnic Seating

USPS Mailroom

FOSTER 3 FOSTER 7

Designated Smoking

Foster Cafe

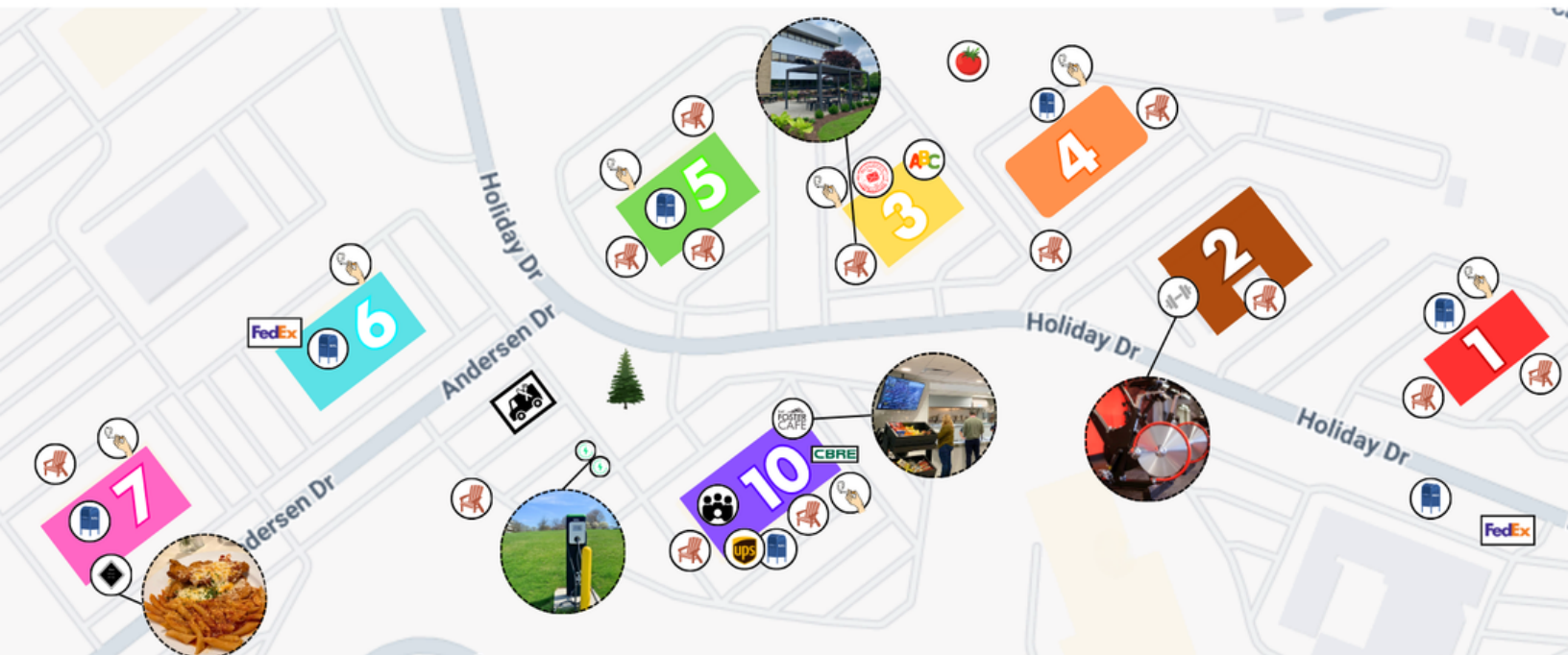
Tender Care Learning Center

UPS Dropbox

FOSTER 4 FOSTER 10

EV Charger

Food Truck



Amenities at Foster Plaza



TENANT AMENITY CENTER

📍 Foster Plaza 10 | 680 Andersen Drive 🕒 AVAILABLE Monday - Friday from 8:00A - 6:00P

- ① Conference and training spaces on the 1st floor of Foster 10 feature Wi-Fi, smart TVs (including Apple TV), projectors, a Polycom phone, microphone and sound system, collaborative whiteboard walls, and more!

🌐 Visit www.cbrentenantrequests.com or call 412-921-8500 for details.



FOSTER CAFE

📍 Foster Plaza 10 | 680 Andersen Drive 🕒 OPEN Monday - Friday from 11:30A - 1:00P

- ① Dine in to enjoy daily specials, soups du jour, or hot items from the grill. You can even customize a sandwich or wrap just the way you like it! There's truly something for everyone at Foster Cafe.



TENANT FITNESS CENTER

📍 Foster Plaza 2 | 425 Holiday Drive 🕒 OPEN Monday - Friday from 6:00A - 6:00P

- ① Our Tenant Fitness Center features treadmills, ellipticals, bikes, strength training machines, and free weights. It also offers two unisex showers and three unisex changing rooms for convenience.
- 🔑 To gain access, submit required paperwork with photo ID. Allow 24-48 hours for either an access card to be delivered to your suite or for your existing card to activate at the fitness center.

Notes from Management

CBRE TENANT REQUEST PORTAL

Our property utilizes an online work order system at www.cbrentenantrequests.com. The tenant services portal provides a user-friendly system that ensures service requests are received, processed, addressed timely, and enables tracking of requests to completion. Use of the portal will help management address your requests efficiently. We strongly encourage use of this system to place non-emergency requests.

DESIGNATED SMOKING AREAS

All building entrances are NON-SMOKING! SMOKING *INSIDE* THE BUILDING IS STRICTLY PROHIBITED *including* use of any electronic devices.

There are Designated Smoking Areas outside each building. Smoking is not permitted anywhere other than this location. Please dispose of your cigarette butts in the proper receptacles to eliminate potential fire risks, litter and added cleaning expense.

RECYCLING

OUR PROPERTY OFFERS A PROGRAM THAT ACCEPTS:

PLASTIC BOTTLES AND CONTAINERS, FOOD AND BEVERAGE CANS, PAPER, AND FLATTENED CARDBOARD.

It is required that all tenants break down any cardboard prior to disposal. The janitorial staff has been instructed to not dispose of boxes that have not been broken down. Thank you for your cooperation.

DELIVERIES

All major moves need to be scheduled with our office after 5:30pm during the week and anytime Saturday and Sunday. Please contact the Management Office prior to any large delivery. Please also remind daily delivery drivers to use loading zones for any deliveries.

NOTARY SERVICES

Notary services are available and offered at no expense for our tenants. Please contact Carmen Bochicchio for more information.

LINKS

[Cucina Vitale](#)[Gentle Yoga](#)[Gym Access](#)[Blood Drive](#)[Food Truck Schedule & Menus](#)[Birthday Celebrations](#)[CBRE Portal](#)[A Taste of Foster Plaza](#)[Instagram](#)[Notary Service](#)[Newsletter Signup](#)[Facebook](#)

CBRE Management Team



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