

Newsletter



A Look Ahead

WEDNESDAYS IN OCTOBER: GENTLE YOGA

OCTOBER 16: PAPA DUKES FOOD TRUCK ONSITE

OCTOBER 21: ROLLIES FRIED SPRING ROLLS ONSITE

WEEK OF OCTOBER 20: SPOT THE GHOST

OCTOBER 31: HALLOWEEN

Find Your Fall Flow with Gentle Yoga

Led by Dub Yoga Plus, our class offers a calming space to reconnect with yourself. Each pose is guided step-by-step with plenty of time to focus on mindful movement & breathing.

Cost: \$50* **\$15 total** for ALL 5 CLASSES

* CBRE is subsidizing 70% of this expense!

When: Every Wednesday in October
from 12:00-12:30pm

Location: Building 300; 3rd Floor
Turn right off elevator & enter 2nd door on the left.

Class Size: 15 people (first come, first serve)
Registration closes once class size is met.

REGISTER TODAY!

Food Truck Schedule

Complete Menus for Food Trucks on Page 6-7

THURS
10/16

Savor authentic Greek flavors with **Papa Duke's Gyros**, their Legendary Gyro is calling your name!

TUES
10/21

Rollies is serving up crispy, handheld spring rolls in creative, cravable flavors like cheeseburger, pulled pork, & pizza!

**FIND TRUCKS PARKED NEAR MAIL DROP BOXES BETWEEN
CHERRINGTON 200 & CHERRINGTON 300 FROM 11AM TO 2PM**

Happy Birthday to YOU!

**ENTER FOR CHANCE TO WIN A GIFT CARD &
BE FEATURED IN OUR NEWSLETTER DURING YOUR BIRTH MONTH...**



OCT. 8 | JAMIE GRIMM W. CDHN

OCT. 13 | ZACH HUNTER W. SSAB

OCT. 18 | CHELSEA MAGUE W. KRUG ASSOCIATES

OCT. 19 | ED KRUG W. KRUG ASSOCIATES

OCT. 21 | SANDY PENCZAK W. MS CONSULTANTS

OCT. 22 | STACIE WEBSTER W. DERMATOLOGY ASSOCIATES

OCT. 27 | SAMANTHA WOZNIAK W. KCI TECHNOLOGIES



Birthday missing?! Re-enter for our drawing using link on last page!

*** BROOKE WILL CONTACT WINNERS WITH PRIZE ***

Spot the Ghost

WEEK OF OCTOBER 20

THERE'S AN APPARITION HAUNTING THE PROPERTY!

**Be 1st to send proof of your sighting or tag us
on social media each day to claim your treat...
or trick.**

SEND PHOTOS TO BROOKE.MALLOY@CBRE.COM

OR TAG US ON SOCIAL MEDIA!



Instagram
[@cherrington_corporatecenter](https://www.instagram.com/cherrington_corporatecenter)



Facebook
Cherrington Corporate Center



SHARE YOUR RECOMMENDATIONS & IDEAS!

A Map to Serenity

DID YOU KNOW...

CHERRINGTON CORPORATE CENTER USED TO BE A GOLF COURSE!

IT WAS PREVIOUSLY THE MONTOUR HEIGHTS COUNTRY CLUB. THE ONCE CART PATHS WERE REPURPOSED INTO THE PARK-WIDE SYSTEM OF WALKING TRAILS YOU SEE TODAY. THE ORIGINAL CLUBHOUSE EVEN STILL STANDS AND TODAY IS HOME TO THE MOON TOWNSHIP PUBLIC LIBRARY.

MAP LEGEND

BLDG. 200 BLDG. 300
BLDG. 400 BLDG. 500
BLDG. 600 BLDG. 625
BLDG. 700 WALKING TRAILS

- Fitness Center
- Putting Green
- Pollinator Garden
- Patio Seating
- Designated Smoking Area
- FedEx Dropbox
- UPS Dropbox
- USPS Dropbox
- Designated Food Truck Parking

(GRAY BUILDING ON MAP ACROSS THE STREET FROM CHERRINGTON 300)



SIGN UP FOR OUR MONTHLY NEWSLETTER!

Tenant Amenities at Cherrington

Amenity Center



CHERRINGTON 300
GROUND FLOOR



MONDAY - FRIDAY



6AM - 6PM

Hosting a meeting? Leading a training? Looking for a fresh space to recharge?
Cherrington's Tenant Amenity Center has you covered!

ENJOY AFFORDABLE ACCESS TO CONFERENCE & TRAINING ROOMS ALL COMPLETE WITH WI-FI, PROJECTOR OR SMART TV, WHITEBOARD, & PLENTY OF COMFORTABLE SEATING FOR YOUR GROUP — ALL JUST STEPS AWAY FROM YOUR OFFICE.

CONTACT BROOKE FOR A TOUR!



Fitness Center



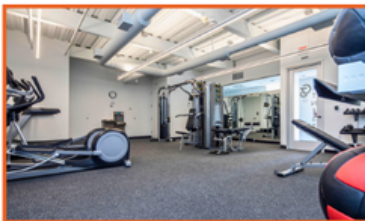
CHERRINGTON 300
GROUND FLOOR



MONDAY - FRIDAY



6AM - 6PM



OUR STATE-OF-THE-ART FACILITIES HAVE SOMETHING FOR EVERYONE WHETHER YOU'RE LOOKING TO REDUCE STRESS, ENHANCE PHYSIQUE OR SIMPLY FIND A MOMENT OF PEACE AMIDST YOUR BUSY DAY...

EQUIPMENT INCLUDES:

**(2) TREADMILL, (2) ELLIPTICAL, (1) MULTI-GYM,
FREE WEIGHT STATION, SHOWERS, LOCKER
AREA & MORE!**

REQUEST GYM ACCESS HERE!

Onsite ATM



CHERRINGTON 300
GROUND FLOOR



\$3 STANDARD FEE



24/7 ACCESS

CHERRINGTON CORPORATE CENTER OFFERS TOP-NOTCH,
CONVENIENT AMENITIES TO HELP TENANTS SAVE BOTH TIME
& ENERGY.

**Our onsite ATM is meant to do just that
by providing quick access to cash
without making a journey to your bank.**



Notary Service



BY
APPT.



OFFERED AT NO EXPENSE
TO OUR TENANTS!



CARMEN.BOCHICCHIO@CBRE.COM
412-921-8500

Notes from Management

MAINTENANCE REQUESTS ✂

CHERRINGTON CORPORATE CENTER UTILIZES AN ONLINE WORK ORDER SYSTEM. CBRE TENANT SERVICES PORTAL PROVIDES A USER-FRIENDLY SYSTEM THAT ENSURES YOUR SERVICE REQUEST IS RECEIVED, PROCESSED, ADDRESSED TIMELY, & ENABLES TRACKING OF YOUR REQUEST TO ITS COMPLETION. YOUR USE THE PORTAL WILL ALSO HELP US ADDRESS YOUR REQUESTS MORE EFFICIENTLY. WE STRONGLY ENCOURAGE USE OF THIS SYSTEM TO PLACE NON-EMERGENCY REQUESTS. WWW.CBREtenantREQUESTS.COM

DESIGNATED SMOKING AREAS 🚬

PLEASE BE REMINDED THAT ALL BUILDING ENTRANCES ARE NON-SMOKING! SMOKING INSIDE THE BUILDING IS STRICTLY PROHIBITED, INCLUDING THE USE OF ANY ELECTRONIC DEVICES. THERE ARE DESIGNATED SMOKING AREAS AT EACH BUILDING. SMOKING IS NOT PERMITTED ANYWHERE OTHER THAN THIS LOCATION. PLEASE DISPOSE OF YOUR CIGARETTE BUTTS IN THE PROPER RECEPTACLES TO ELIMINATE POTENTIAL FIRE RISKS, LITTER & ADDED CLEANING EXPENSE.

RECYCLING ♻

CHERRINGTON OFFERS A RECYCLING PROGRAM THAT ACCEPTS THE FOLLOWING ITEMS: PLASTIC BOTTLES & CONTAINERS, FOOD & BEVERAGE CANS, PAPER, & FLATTENED CARDBOARD. IT IS REQUIRED THAT ALL TENANTS BREAK DOWN ANY CARDBOARD BOXES PRIOR TO DISPOSING. THE JANITORIAL STAFF HAS BEEN INSTRUCTED TO NOT DISPOSE OF BOXES THAT HAVE NOT BEEN BROKEN DOWN. THANK YOU FOR YOUR COOPERATION.

DELIVERIES 📦

ALL MAJOR MOVES NEED TO BE SCHEDULED WITH OUR OFFICE AFTER 5:30PM DURING THE WEEK & ANYTIME SATURDAY & SUNDAY. PLEASE CONTACT THE MANAGEMENT OFFICE PRIOR TO ANY LARGE DELIVERY. PLEASE ALSO REMIND DAILY DELIVERY DRIVERS TO USE LOADING ZONES FOR ANY DELIVERIES.

NOTARY SERVICES 📄

NOTARY SERVICES ARE AVAILABLE & OFFERED AT NO EXPENSE FOR OUR TENANTS. PLEASE CONTACT CARMEN BOCHICCHIO AT 412-921-8500 OR CARMEN.BOCHICCHIO@CBRE.COM FOR MORE INFORMATION.

LINKS

[Register for Gentle Yoga](#)[Recommend a Food Truck](#)[Enter Your Birthday](#)[Spot The Ghost Evidence](#)[Newsletter Signup](#)[Tour Amenity Center](#)[Request Gym Access](#)[Notary Appointment](#)[CBRE Portal](#)

Instagram
[@cherrington_corporatecenter](https://www.instagram.com/cherrington_corporatecenter)



Facebook
[Cherrington Corporate Center](#)

CBRE Management Team



Carmen R. Bochicchio
General Manager
412.921.8500
carmen.bochicchio@cbre.com



Nicole E. Pilarski
Senior Financial Analyst
412.921.8500
nicole.pilarski@cbre.com



Robert J. Klimczyk
Chief Engineer
412.921.8500
robert.klimczyk@cbre.com



Brittany Zahn
Real Estate Services Coordinator
412.921.8500
brittany.zahn@cbre.com



Brooke Malloy
Meeting & Events Coordinator
412.921.8500
brooke.malloy@cbre.com



PAPA DUKE'S GYROS

Legendary Gyro

\$11

Choice of lamb or chicken, lettuce, tomato, onion, tzatziki sauce on pita bread

Orzo Salad

\$6

Orzo pasta, tomato, spinach

Greek Lemon Avgolemeno Soup

\$6

Chicken, rice, chicken broth, lemon juice, seasonings

Spanakopita (Spinach Pie)

\$8

Phyllo dough, spinach, feta cheese

Pumpkin Pita

\$6

Phyllo dough, pumpkin custard

Rice Pudding (GF)

\$5

Rice, milk, cinnamon

Baklava

\$5

Phyllo dough, honey, walnuts, cinnamon



ROLLIES MENU

DRINKS

WATER	\$1
POP	\$2
GATORADE	\$3
APPLE JUICE	\$2



ROLLS

ORIGINAL	\$4
CHEESEBURGER	\$4
BACON CHEESEBURGER	\$4
TOFU	\$3
PULLED PORK	\$4
PIZZA	\$4
DOG'N CHEESE	\$4

SAUCES

DUCK SAUCE
YUM YUM
SPICY YUM YUM 🔥
CHIN-SU 🔥
KETCHUP

