

Newsletter



A Look Ahead

JULY 4: INDEPENDENCE DAY (MGMT. OFFICE CLOSED)

JULY 10: ASH & KRIS KITCHEN FOOD TRUCK ONSITE

JULY 10, 17, 24, 31: GENTLE YOGA

THURSDAYS THRU OCTOBER: GREENTREE FARMER'S MARKET

Workday Wellness: Gentle Yoga

This nurturing, slower-paced practice is perfect for yogis of any experience! Leigh approaches postures in gradual steps with plenty of time to focus on breathing. This mid-day reset offers a well-supported, serene environment; complete with a calming playlist to help you fully unwind.

CLASS SCHEDULE

JULY 10

JULY 17

JULY 24

JULY 31

AUGUST 7

Cost: \$50* **\$15 total** for ALL 5 CLASSES

* CBRE is subsidizing 70% of this expense!

PAYABLE IN ADVANCE VIA CC ONLINE

Time: Thursdays 12:00-12:30pm

Location: Foster Plaza Fitness Center; Building 2
Prior approved card access to the Fitness Center required.

Class Size: 20 people (first come, first serve)
Registration closes once class size is met.

A CALMER DAY IS ONE CLICK AWAY ~ REGISTER HERE!

Happy Birthday to YOU!

Enter for chance to win a gift card & be featured in our newsletter during your birth month...

JULY 2 | BRITTANY ZAHN W. CBRE

JULY 5 | PAT SEPTAK W. AUDACY

JULY 9 | SHANNON VARGESKO W. YMCA

JULY 10 | ANTHONY TRAVAGLINO W. KEYSTONE CONSULTANTS

JULY 13 | KIMBERLY COULTER W. OLD REPUBLIC TITLE

JULY 15 | BRIDGETTE PIERCE W. WOLFE

★ JULY 16 | CYNTHIA ABLE W. WEXFORD HEALTH SOURCES

JULY 20 | DOMINIC FREZZA W. PIKE TELECOM

JULY 20 | LACEY BERTOTHY W. TETRA TECH

JULY 21 | DAYNA WOLFE W. DLA+ ARCHITECTURE

JULY 22 | HANNAH KETTERMAN W. L.B. FOSTER

JULY 27 | QUINISHA FRYE W. CREDIT MANAGEMENT

JULY 28 | NICOLE PILARSKI W. CBRE

JULY 29 | ETHAN DU W. KEYSTONE CONSULTANTS

JULY 30 | KEVIN SOFFERA W. TETRA TECH

Birthday missing?! Re-enter for our 2025 drawing using link on last page!

WINNERS ARE HIGHLIGHTED & MUST CLAIM PRIZE IN PERSON



Serving Mediterranean Food Since 2017
www.AshKris.com

Starters & Sides

Hummus	\$7.00
Baba Ghanoush	\$7.00
Stuffed Grape Leaves (6 pcs)	\$7.00
Double-Fried French Fries	\$6.00
Cheesy French Fries	\$7.00

Beverages

Soda Can	\$2.00
Spring Water	\$2.00

Desserts

Baklava (1 pcs)	\$3.00
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Sandwiches

topped with onion, lettuce, and tomato & served with fries



Lamb Gyro Sandwich
\$14.00



Chicken Shawarma Sandwich
\$14.00



Falafel Sandwich
\$14.00

Platters

served over rice, with onion, lettuce, and tomato



Lamb Gyro Platter
\$14.00



Chicken Shawarma Platter
\$14.00



Falafel Platter
\$14.00

Extra Sauce \$1.00



Calling All Foodies

Ash & Kris Kitchen is making its debut in Foster Plaza...

TAKE A LOOK AT THE DELICIOUS MEDITERRANEAN MENU & COME GET A TASTY LUNCH!

Date: Thursday, July 10

Time: 11:00AM to 2:00PM

Location: Near EV Charging Station between Foster 6 & 10

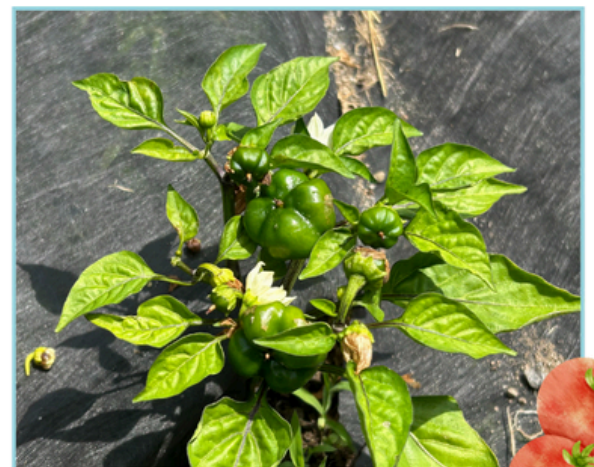
MAP ON NEXT PAGE FOR REFERENCE



I Beg Your Garden...

TENDED WITH CARE BACK AROUND MEMORIAL DAY,
OUR TENANT GARDEN IS NOW BURSTING TO LIFE!

OUR BELL PEPPERS ARE SPROUTING BEAUTIFULLY,
WHILE THE TOMATOES ARE TAKING THEIR TIME —
WE'RE KEEPING A CLOSE EYE & WELCOME ANY
TIPS FROM OUR GREEN-THUMBED TENANTS!



ENJOY THE FRUITS OF NATURE RIGHT HERE IN THE PLAZA!

7



DON'T MISS OUT — SIGN UP FOR OUR NEWSLETTER!

1



A Map to Serenity

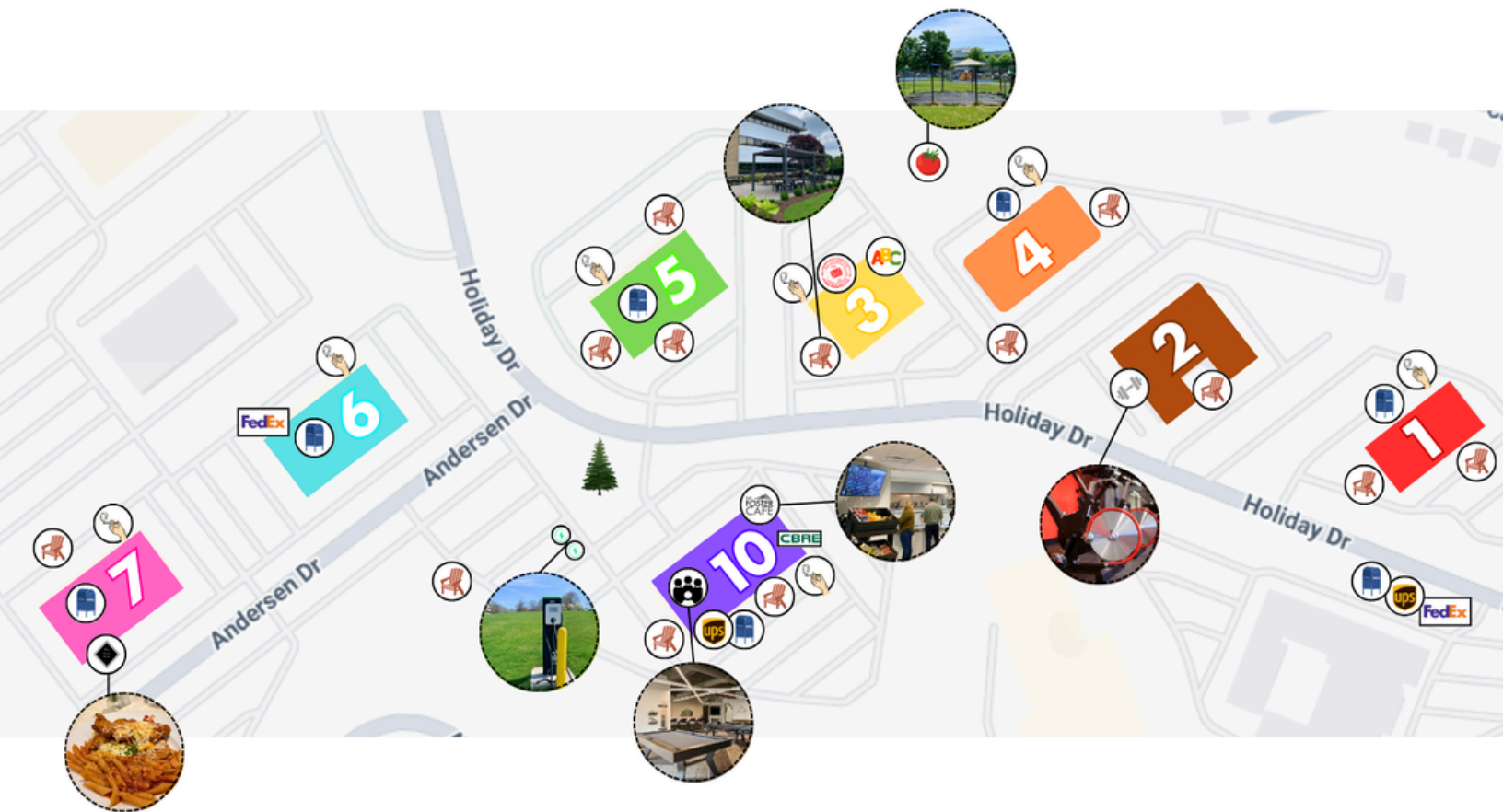


DISCOVER HIDDEN GEMS AT EACH BUILDING...

YOU'LL FIND 1ST CLASS AMENITIES ALL WITH WELL-BEING IN MIND, PROVIDING A REFRESHING ESCAPE FROM THE HUSTLE OF OFFICE LIFE THROUGHOUT FOSTER PLAZA. OUR EXPANSIVE PARK LAYOUT MAKES IT EASY TO TAKE A STROLL OUTSIDE FOR A QUICK MID-DAY RESET, OFFERING OPEN SPACES & FRESH AIR RIGHT OUTSIDE YOUR OFFICE DOOR.

MAP LEGEND

FOSTER 1	FOSTER 2	FOSTER 3	FOSTER 4	FOSTER 5	FOSTER 6	FOSTER 7	FOSTER 10
Management Office	Amenity Center	Fitness Center	Tenant Garden	Foster Cafe			
Cucina Vitale	Tender Care Learning Center	Picnic Seating	Designated Smoking Area				
USPS Mailroom	EV Charger	FedEx	FedEx Dropbox	UPS	UPS Dropbox	USPS Dropbox	



Facebook

FOLLOW US ON SOCIAL MEDIA!

Instagram





Amenities at Foster Plaza

Amenity Center



FOSTER 10
1ST FLOOR



MONDAY - FRIDAY

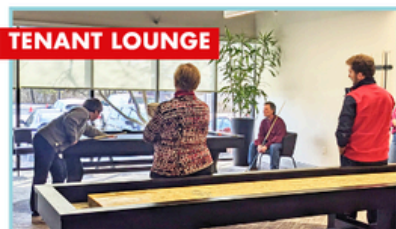


6AM - 6PM

Hosting a meeting? Leading a training? Looking for a fresh space to recharge?
Foster Plaza's Tenant Amenity Center has you covered!

ENJOY ACCESS TO AFFORDABLE CONFERENCE & TRAINING ROOMS WITH CONVENIENT KITCHENETTE FOR CATERING, COMPLETE WITH WI-FI, PROJECTOR OR SMART TV, WHITEBOARD, & PLENTY OF COMFORTABLE SEATING FOR YOUR GROUP - ALL JUST STEPS FROM YOUR OFFICE!

CONTACT BROOKE FOR A TOUR!



TENANT LOUNGE



TWENTY CONFERENCE



CENTRAL STATION



TRAINING ROOM

Fitness Center



FOSTER 2
425 HOLIDAY DR



MONDAY - FRIDAY



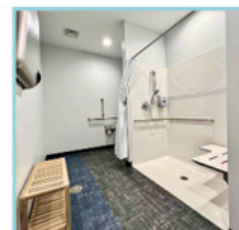
6AM - 6PM

WHETHER YOU'RE LOOKING TO ENHANCE YOUR PHYSIQUE, REDUCE STRESS, OR SIMPLY FIND A MOMENT OF PEACE AMIDST YOUR BUSY DAY, OUR STATE-OF-THE-ART FACILITIES HAVE SOMETHING FOR EVERYONE.

EQUIPMENT INCLUDES:

TREADMILL • ELLIPTICAL • RECUMBENT BIKE • LEG PRESS • DUMBBELLS
STAIR CLIMBER • CYCLE BIKE • STRETCH MATS • GRIP PLATES

CARD ACCESS FORMS HERE



Onsite ATM



FOSTER 10
1ST FLOOR



\$3 STANDARD FEE



24/7 ACCESS

CONVENIENTLY LOCATED AT THE ENTRANCE TO THE FOSTER CAFE WITHIN BUILDING 10, AVAILABLE 24/7 FOR TENANTS.

Our onsite ATM is meant to do just that by providing quick access to cash without making a journey to your bank.



Notary Service



BY APPT.



OFFERED AT NO EXPENSE
TO OUR TENANTS!



CARMEN.BOCHICCHIO@CBRE.COM
412-921-8500

Notes from Management

MAINTENANCE REQUESTS ✂

FOSTER PLAZA UTILIZES AN ONLINE WORK ORDER SYSTEM. CBRE TENANT SERVICES PORTAL PROVIDES A USER-FRIENDLY SYSTEM THAT ENSURES YOUR SERVICE REQUEST IS RECEIVED, PROCESSED, ADDRESSED TIMELY, & ENABLES TRACKING OF YOUR REQUEST TO ITS COMPLETION. YOUR USE THE PORTAL WILL ALSO HELP US ADDRESS YOUR REQUESTS MORE EFFICIENTLY. WE STRONGLY ENCOURAGE USE OF THIS SYSTEM TO PLACE NON-EMERGENCY REQUESTS. WWW.CBRETENANTREQUESTS.COM

DESIGNATED SMOKING AREAS 🌐

PLEASE BE REMINDED THAT ALL BUILDING ENTRANCES ARE NON-SMOKING! SMOKING INSIDE THE BUILDING IS STRICTLY PROHIBITED, INCLUDING THE USE OF ANY ELECTRONIC DEVICES. THERE ARE DESIGNATED SMOKING AREAS AT EACH BUILDING. SMOKING IS NOT PERMITTED ANYWHERE OTHER THAN THIS LOCATION. PLEASE DISPOSE OF YOUR CIGARETTE BUTTS IN THE PROPER RECEPTACLES TO ELIMINATE POTENTIAL FIRE RISKS, LITTER & ADDED CLEANING EXPENSE.

RECYCLING ♻

FOSTER PLAZA OFFERS A RECYCLING PROGRAM THAT ACCEPTS THE FOLLOWING ITEMS: PLASTIC BOTTLES & CONTAINERS, FOOD & BEVERAGE CANS, PAPER, & FLATTENED CARDBOARD. IT IS REQUIRED THAT ALL TENANTS BREAK DOWN ANY CARDBOARD BOXES PRIOR TO DISPOSING. THE JANITORIAL STAFF HAS BEEN INSTRUCTED TO NOT DISPOSE OF BOXES THAT HAVE NOT BEEN BROKEN DOWN. THANK YOU FOR YOUR COOPERATION.

DELIVERIES 📦

ALL MAJOR MOVES NEED TO BE SCHEDULED WITH OUR OFFICE AFTER 5:30PM DURING THE WEEK & ANYTIME SATURDAY & SUNDAY. PLEASE CONTACT THE MANAGEMENT OFFICE PRIOR TO ANY LARGE DELIVERY. PLEASE ALSO REMIND DAILY DELIVERY DRIVERS TO USE LOADING ZONES FOR ANY DELIVERIES.

NOTARY SERVICES 📄

NOTARY SERVICES ARE AVAILABLE & OFFERED AT NO EXPENSE FOR OUR TENANTS. PLEASE CONTACT CARMEN BOGHICCHIO AT 412-921-8500 OR CARMEN.BOGHICCHIO@CBRE.COM FOR MORE INFORMATION.

LINKS

[Yoga Registration](#)

[Enter Your Birthday](#)

[Ash & Kris Kitchen](#)

[Newsletter Signup](#)

[Gym Access](#)

[CBRE Portal](#)

[Notary Service](#)



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[@foster_plaza](#)



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[Foster Plaza](#)

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