

# Newsletter



## A Look Ahead

- APRIL 1: APRIL FOOL'S DAY
- APRIL 7: NCAA MARCH MADNESS CHAMPIONSHIP GAME
- THURSDAYS ENDING APRIL 9: GENTLE YOGA
- APRIL 10: NO-H2O CAR DETAILING IN CHERRINGTON
- APRIL 22: EARTH DAY
- APRIL 23: ADMIN PROFESSIONALS' DAY

## Workday Wellness: Gentle Yoga

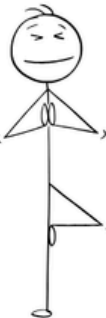
### TO OUR CLASS PARTICIPANTS...

- DON'T FORGET YOUR BUILDING ACCESS CARD!!
- BRING YOUR OWN WATER BOTTLE & YOGA MAT (IF YOU HAVE ONE, BUT WE HAVE WATER & MATS TOO)
- WEAR COMFORTABLE APPROPRIATE ATTIRE.
- LEAVE ANY PERSONAL BELONGINGS IN LOCKER AREA.

## CLASS SCHEDULE

APRIL 2

APRIL 9






 **DON'T MISS OUT – SIGN UP FOR OUR NEWSLETTER!** 

## Countdown to the Court

**THE MADNESS IS IN FULL SWING & THE COMPETITION IS HEATING UP!**

AS WE HEAD INTO THE NEXT ROUND, HERE'S A QUICK LOOK AT THE LATEST RANKINGS:

RANK	CHAMP	NAME	POINTS
1		ANN WILLIAMS ADMIN OF PA COURTS	1100
2		SCOTT MARITZER	1090
3		JAMES THORNBURG ADMIN OF PA COURTS	1000

**HIGHEST SCORING BRACKET OF THE TOURNAMENT WILL RECEIVE \$100 GIFT CARD!**



# NO-H2O Car Detailing

SHAKE OFF THE PENNSYLVANIA WINTER GRIME & GET YOUR VEHICLE LOOKING ITS BEST WITH NO-H2O DRY CLEANING FOR CARS! THEIR WATERLESS SERVICE SAVES 35 GALLONS OF H2O PER WASH WITH NO HARMFUL RUNOFF.



**THURSDAY  
APRIL 10**



**9AM TO  
1:30PM**



**EASILY REGISTER &  
PREPAY ONLINE!**



Please park in the highlighted lot above & check-in with a No-H2O team member. You will be notified once your detail is complete.

**COMPLETE LIST OF SERVICES WITH PRICING ON LAST PAGE**



*Keep Up With Us on Social Media!*



We're all ears & eager to see things from your side — whether it's your quirky office decor, those epic high-rise views, or the laugh-out-loud inside jokes that echo through the halls!

**FOLLOW US ON INSTAGRAM & FACEBOOK USING LINKS ON THE LAST PAGE**

*Happy Birthday to... YOU!*

Enter for chance to win a gift card & be featured in our newsletter during your birth month...

APRIL 1 | SHARON GOLOGRAM W. IFG

APRIL 3 | MARK ORZECOWSKI W. CEC

APRIL 4 | BOLEK KULESZA W. MS CONSULTANTS

APRIL 14 | SAMUEL MORGAN W. MS CONSULTANTS

APRIL 20 | EILEEN CAGGIANO W. MS CONSULTANTS

APRIL 25 | ANNA VASTANO W. CDHN

APRIL 27 | BROOKE KETCHUM W. DERMATOLOGY ASSOCIATES

**Birthday missing?! Re-enter for our 2025 drawing using link on last page!**

**WINNERS ARE HIGHLIGHTED & MUST CLAIM PRIZE IN PERSON**

**WE APPRECIATE YOUR FEEDBACK & SUGGESTIONS!**

# Tenant Amenities at Cherrington

## Amenity Center



GROUND FLOOR  
BUILDING 300



MONDAY - FRIDAY



6AM - 6PM

LOOKING FOR A CHANGE OF SCENERY OR A BREAK FROM THE OFFICE? EXPLORE OUR TENANT AMENITY CENTER WHICH OFFERS AFFORDABLE CONFERENCE & TRAINING ROOMS WITH CONVENIENT ACCESS TO PATIO, TENANT LOUNGE, WI-FI, PROJECTOR OR SMART TV, WHITEBOARD, & PLENTY OF COMFORTABLE SEATING.

**CONTACT BROOKE FOR A TOUR!**



## Fitness Center



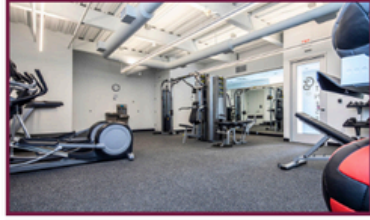
GROUND FLOOR BLDG. 300



MONDAY - FRIDAY



6AM - 6PM



OUR STATE-OF-THE-ART FACILITIES HAVE SOMETHING FOR EVERYONE WHETHER YOU'RE LOOKING TO REDUCE STRESS, ENHANCE PHYSIQUE OR SIMPLY FIND A MOMENT OF PEACE AMIDST YOUR BUSY DAY...

### EQUIPMENT INCLUDES:

(2) TREADMILL, (2) ELLIPTICAL, (1) MULTI-GYM, FREE WEIGHT STATION, SHOWERS & LOCKER AREA ONSITE & MORE!

**REQUEST GYM ACCESS HERE!**

## Hours of Availability

### FRIENDLY REMINDER:

Cherrington Corporate Center's Tenant Amenity Center is available to rent Monday through Friday from 6a to 6p.

We are unable to accommodate any meetings outside our business hours.

#### CONFERENCE ROOM

HOUR: \$25  
 ½ DAY: ~~\$100~~ | \$50  
 FULL: ~~\$200~~ | \$100

#### TRAINING ROOM

HOUR: \$50  
 ½ DAY: ~~\$200~~ | \$150  
 FULL: ~~\$350~~ | \$200

#### ENTIRE FACILITY

½ DAY: ~~\$300~~ | \$200  
 FULL: ~~\$500~~ | \$300

**CHECK AVAILABILITY ONLINE WITH OUR PORTAL!**

# Notes From Management

## MAINTENANCE REQUESTS

CHERRINGTON CORPORATE CENTER UTILIZES AN ONLINE WORK ORDER SYSTEM. CBRE TENANT SERVICES PORTAL PROVIDES A USER-FRIENDLY SYSTEM THAT ENSURES YOUR SERVICE REQUEST IS RECEIVED, PROCESSED, ADDRESSED TIMELY, & ENABLES TRACKING OF YOUR REQUEST TO ITS COMPLETION. YOUR USE THE PORTAL WILL ALSO HELP US ADDRESS YOUR REQUESTS MORE EFFICIENTLY. WE STRONGLY ENCOURAGE USE OF THIS SYSTEM TO PLACE NON-EMERGENCY REQUESTS. [WWW.CBRETFENANTREQUESTS.COM](http://WWW.CBRETFENANTREQUESTS.COM)

## DESIGNATED SMOKING AREAS

PLEASE BE REMINDED THAT ALL BUILDING ENTRANCES ARE NON-SMOKING! SMOKING INSIDE THE BUILDING IS STRICTLY PROHIBITED, INCLUDING THE USE OF ANY ELECTRONIC DEVICES. THERE ARE DESIGNATED SMOKING AREAS AT EACH BUILDING. SMOKING IS NOT PERMITTED ANYWHERE OTHER THAN THIS LOCATION. PLEASE DISPOSE OF YOUR CIGARETTE BUTTS IN THE PROPER RECEPTACLES TO ELIMINATE POTENTIAL FIRE RISKS, LITTER & ADDED CLEANING EXPENSE.

## RECYCLING

CHERRINGTON OFFERS A RECYCLING PROGRAM THAT ACCEPTS THE FOLLOWING ITEMS: PLASTIC BOTTLES & CONTAINERS, FOOD & BEVERAGE CANS, PAPER, & FLATTENED CARDBOARD. IT IS REQUIRED THAT ALL TENANTS BREAK DOWN ANY CARDBOARD BOXES PRIOR TO DISPOSING. THE JANITORIAL STAFF HAS BEEN INSTRUCTED TO NOT DISPOSE OF BOXES THAT HAVE NOT BEEN BROKEN DOWN. THANK YOU FOR YOUR COOPERATION.

## DELIVERIES

ALL MAJOR MOVES NEED TO BE SCHEDULED WITH OUR OFFICE AFTER 5:30PM DURING THE WEEK & ANYTIME SATURDAY & SUNDAY. PLEASE CONTACT THE MANAGEMENT OFFICE PRIOR TO ANY LARGE DELIVERY. PLEASE ALSO REMIND DAILY DELIVERY DRIVERS TO USE LOADING ZONES FOR ANY DELIVERIES.

## NOTARY SERVICES

NOTARY SERVICES ARE AVAILABLE & OFFERED AT NO EXPENSE FOR OUR TENANTS. PLEASE CONTACT CARMEN BOGHICCHIO AT 412-921-8500 OR [CARMEN.BOGHICCHIO@CBRE.COM](mailto:CARMEN.BOGHICCHIO@CBRE.COM) FOR MORE INFORMATION.

## LINKS

[Dub Yoga Plus](#)

[Newsletter Signup](#)

[March Madness](#)

[Schedule No-H2O Detailing](#)

[Facebook](#)

[Instagram](#)

[Enter Your Birthday](#)

[Leave Feedback](#)

[Amenity Center Tour](#)

[Request Gym Access](#)

[CBRE Portal](#)

## CBRE Management Team



Carmen R. Bochicchio  
General Manager  
412.921.8500  
[carmen.bochicchio@cbre.com](mailto:carmen.bochicchio@cbre.com)



Nicole E. Pilarski  
Senior Financial Analyst  
412.921.8500  
[nicole.pilarski@cbre.com](mailto:nicole.pilarski@cbre.com)



Robert J. Klimczyk  
Chief Engineer  
412.921.8500  
[robert.klimczyk@cbre.com](mailto:robert.klimczyk@cbre.com)



Brittany Zahn  
Real Estate Services Coordinator  
412.921.8500  
[brittany.zahn@cbre.com](mailto:brittany.zahn@cbre.com)



Brooke Malloy  
Meeting & Events Coordinator  
412.921.8500  
[brooke.malloy@cbre.com](mailto:brooke.malloy@cbre.com)



# NO-H<sub>2</sub>O<sup>®</sup>

## DRY CLEANING FOR CARS

### SERVICE MENU

#### Exterior Hand Wash and Polish

*A top-to-bottom hand cleaning using our unique water-free system for a streakless shine. Includes wheels tires and windows.*

**Sedan: \$55 Crossover | 2-Row SUV or Crossover: \$60 | 3-Row SUV or Pickup: \$65**

#### Premium Interior Clean

*Thorough hand cleaning of full interior, including floor mats, door jambs, cupholders, windows, trunk, and all seats and surfaces.*

**Sedan: \$80 | 2-Row SUV or Crossover: \$90 | 3-Row SUV or Pickup: \$105**

#### Silver Wash and Detail

*Combined interior and exterior cleaning including full-body hand wash and polish with thorough cleaning of all interior surfaces, carpets, seats, windows, cracks and crevices.*

**Sedan: \$125 | 2-Row SUV or Crossover: \$145 | 3-Row SUV or Pickup: \$165**

#### Gold Wash and Detail

*Get your car looking its best with a full-body exterior claybar treatment and ceramic sealant for a showroom-quality shine, plus full interior detailing with leather conditioning to protect and enhance the look of your seats, dash and other surfaces.*

**Sedan: \$235 | 2-Row SUV or Crossover: \$270 | 3-Row SUV or Pickup: \$300**

#### Platinum Wash and Detail

*The ultimate clean takes our Gold-level service and adds a full body machine buffing to remove light scratches, watermarks and other imperfections, leaving your car looking brand new and ready for anything.*

**Sedan: \$350 | 2-Row SUV or Crossover: \$375 | 3-Row SUV or Pickup: \$425**

412-981-2553  
noh2opgh.com

On-Demand Surcharge (we come to you): \$15  
Excessive Pet Hair Fee: \$40  
Biological/Body Fluids: \$50

**BUILDING OWNERSHIP AND CBRE HAVE NO AFFILIATION WITH NOH2O**