

Newsletter



A Look Ahead

MARCH 9: DAYLIGHT SAVING BEGINS

THURSDAYS STARTING MARCH 13: GENTLE YOGA

MARCH 16: MARCH MADNESS - SELECTION SUNDAY

MARCH 17: ST. PATRICK'S DAY

MARCH 19: MARCH MADNESS BRACKETS DUE BY NOON

MARCH 20: 1ST DAY OF SPRING

Countdown to the Court

HERE'S THE CHANCE TO SHOW OFF YOUR BASKETBALL KNOWLEDGE OR JUST PLAIN LUCKY GUESSES IN OUR MARCH MADNESS TOURNAMENT CHALLENGE! JOIN OUR GROUP & PUT SOME THOUGHT INTO YOUR LINEUP BEFORE SELECTION SUNDAY ON MARCH 16.



**PLEASE RENAME YOUR BRACKET USING THE FOLLOWING FORMAT:
FIRSTLASTNAME_COMPANY**

JOIN & REGISTER YOUR TOP PICKS HERE

HELLO!

Our Building Community

"Nice to meet you!"

We've recently welcomed fresh & familiar faces alike to our Foster Plaza family...



WE'VE THRILLED TO HAVE YOU AS TENANTS!



Workday Wellness: Gentle Yoga

Stretch & step into spring feeling refreshed with Leigh Garbo-Minniefield of Dub Yoga Plus!

ABOUT THIS SERIES

This nurturing, slower-paced practice, where postures are approached in gradual steps with lots of time to focus on breathing, is great for yogis of any experience. Leigh creates a well-supported & serene environment, perfect for the mid-day office escape; complete with music that really sets the tone!

CLASS SCHEDULE

MARCH 13

MARCH 20

MARCH 27

APRIL 3

APRIL 10

Cost: \$50* **\$15 total** for ALL 5 CLASSES

* CBRE is subsidizing 70% of this expense!

PAYABLE IN ADVANCE VIA CC ONLINE

Time: Thursdays 12:00-12:30pm

Location: Foster Plaza Fitness Center; Building 2

Prior approved card access to the Fitness Center required.

Class Size: 20 people (first come, first serve)

Registration closes once class size is met.

REGISTER FOR CLASSES HERE!

Happy Birthday to... YOU!

Enter for chance to win a gift card & be featured in our newsletter during your birth month...

MARCH 2 | BEN BUSH W. KEYSTONE CONSULTANTS

MARCH 2 | HEATHER WILSON W. STEWART TITLE

MARCH 5 | NANCY TURNER W. CREDIT MANAGEMENT COMPANY

MARCH 13 | JACKIE WISNIEWSKI W. CORVEL CORPORATION

MARCH 15 | LORI SAMPSON W. CINIC CHEMICALS AMERICA, LLC

MARCH 15 | BROOKE MALLOY W. CBRE

MARCH 16 | JAMES MAHOOD W. KEYSTONE CONSULTANTS

MARCH 18 | KIMBERLY CIOTTI W. GLENCORE

MARCH 20 | LINA FU W. HORMEL FOODS

MARCH 24 | MICHELE CSURILLA W. RODGERS INSURANCE GROUP

MARCH 24 | PETER COPETAS W. DLA+

MARCH 24 | JENNA GOBRECHT W. AUDACY

MARCH 31 | LANCE DOKA W. RODGERS INSURANCE GROUP

Birthday missing?! Re-enter for our 2025 drawing using link on last page!

WINNERS ARE HIGHLIGHTED & MUST CLAIM PRIZE IN PERSON

2025 Amenity Center Rental Rates

Lucky you! Your favorite office park amenities are now more affordable...

WEST

½ DAY: **\$200** | \$100

FULL: **\$350** | \$200

TRAINING ROOM

FULL: **\$700** | \$400

EAST

½ DAY: **\$250** | \$100

FULL: **\$400** | \$200

ENTIRE FACILITY *

FULL: **\$1,000** | \$750

* excludes Lounge

CONFERENCE ROOM (12 OR 20)

HOURLY: **\$50** | \$25

½ DAY: **\$100** | \$75

FULL: **\$200** | \$100

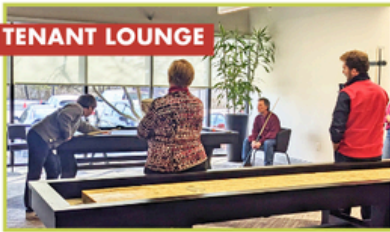
CHECK AVAILABILITY ONLINE WITH OUR PORTAL!

Amenities at Foster Plaza

Amenity Center 📍 1ST FLOOR BUILDING 10 📅 MONDAY - FRIDAY 🕒 6AM - 6PM

LOOKING FOR A CHANGE OF SCENERY OR A BREAK FROM THE OFFICE? EXPLORE OUR TENANT AMENITY CENTER WHICH OFFERS AFFORDABLE CONFERENCE & TRAINING ROOMS WITH CONVENIENT ACCESS TO KITCHENETTE, TENANT LOUNGE, WI-FI, PROJECTOR OR SMART TV, WHITEBOARD, & PLENTY OF COMFORTABLE SEATING.

CONTACT BROOKE FOR A TOUR!



Fitness Center 📍 BLDG. 2; 425 HOLIDAY DR 📅 MONDAY - FRIDAY 🕒 6AM - 6PM



WHETHER YOU'RE LOOKING TO ENHANCE YOUR PHYSIQUE, REDUCE STRESS, OR SIMPLY FIND A MOMENT OF PEACE AMIDST YOUR BUSY DAY, OUR STATE-OF-THE-ART FACILITIES HAVE SOMETHING FOR EVERYONE.

EQUIPMENT INCLUDES:

TREADMILL • ELLIPTICAL • RECUMBENT BIKE • LEG PRESS • DUMBBELLS
STAIR CLIMBER • CYCLE BIKE • STRETCH MATS • GRIP PLATES • & MORE!!

CARD ACCESS FORMS HERE

Blink Chargers 📍 BLDG. 10 FRONT LOT NEAR ANDERSEN DR EXIT 🕒 24/7 ACCESS

PRICE TO USE THE (4) DEDICATED ELECTRIC VEHICLE CHARGING STATIONS AT FOSTER PLAZA VARIES ANYWHERE FROM \$0.39-\$0.79 PER KWH TO CHARGE.

The good news... it's free to sign up for a membership!

YOU MAY SEE A \$1-\$5 AUTHORIZATION HOLD WHEN YOU FIRST SIGN UP, BUT THIS IS JUST TO VERIFY CARD PROVIDED.



Notary Service



OFFERED AT NO EXPENSE TO OUR TENANTS!



CARMEN.BOCHICCHIO@CBRE.COM
412-921-8500

Notes From Management

MAINTENANCE REQUESTS

FOSTER PLAZA UTILIZES AN ONLINE WORK ORDER SYSTEM. CBRE TENANT SERVICES PORTAL PROVIDES A USER-FRIENDLY SYSTEM THAT ENSURES YOUR SERVICE REQUEST IS RECEIVED, PROCESSED, ADDRESSED TIMELY, & ENABLES TRACKING OF YOUR REQUEST TO ITS COMPLETION. YOUR USE THE PORTAL WILL ALSO HELP US ADDRESS YOUR REQUESTS MORE EFFICIENTLY. WE STRONGLY ENCOURAGE USE OF THIS SYSTEM TO PLACE NON-EMERGENCY REQUESTS. WWW.CBREtenantREQUESTS.COM

DESIGNATED SMOKING AREAS

PLEASE BE REMINDED THAT ALL BUILDING ENTRANCES ARE NON-SMOKING! SMOKING INSIDE THE BUILDING IS STRICTLY PROHIBITED, INCLUDING THE USE OF ANY ELECTRONIC DEVICES. THERE ARE DESIGNATED SMOKING AREAS AT EACH BUILDING. SMOKING IS NOT PERMITTED ANYWHERE OTHER THAN THIS LOCATION. PLEASE DISPOSE OF YOUR CIGARETTE BUTTS IN THE PROPER RECEPTACLES TO ELIMINATE POTENTIAL FIRE RISKS, LITTER & ADDED CLEANING EXPENSE.

RECYCLING

FOSTER PLAZA OFFERS A RECYCLING PROGRAM THAT ACCEPTS THE FOLLOWING ITEMS: PLASTIC BOTTLES & CONTAINERS, FOOD & BEVERAGE CANS, PAPER, & FLATTENED CARDBOARD. IT IS REQUIRED THAT ALL TENANTS BREAK DOWN ANY CARDBOARD BOXES PRIOR TO DISPOSING. THE JANITORIAL STAFF HAS BEEN INSTRUCTED TO NOT DISPOSE OF BOXES THAT HAVE NOT BEEN BROKEN DOWN. THANK YOU FOR YOUR COOPERATION.

DELIVERIES

ALL MAJOR MOVES NEED TO BE SCHEDULED WITH OUR OFFICE AFTER 5:30PM DURING THE WEEK & ANYTIME SATURDAY & SUNDAY. PLEASE CONTACT THE MANAGEMENT OFFICE PRIOR TO ANY LARGE DELIVERY. PLEASE ALSO REMIND DAILY DELIVERY DRIVERS TO USE LOADING ZONES FOR ANY DELIVERIES.

NOTARY SERVICES

NOTARY SERVICES ARE AVAILABLE & OFFERED AT NO EXPENSE FOR OUR TENANTS. PLEASE CONTACT CARMEN BOCHICCHIO AT 412-921-8500 OR CARMEN.BOCHICCHIO@CBRE.COM FOR MORE INFORMATION.

LINKS

[CBRE Portal](#)

[Yoga Registration](#)

[March Madness Registration](#)

[Enter Your Birthday](#)

[Tour the Amenity Center](#)

[Gym Access](#)

[EV Blink Chargers](#)

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CBRE Management Team



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